

February 2020

Aqua

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						¹ 9am All Out Cardio Core w/ Lilia
² 9am Cardio/Core w/ Lilia	³ 9am Aqua Blast w/Victoria 11am Aqua Fit w/Stephanie 12pm Muscle Max Light & 1pm Aqua Blast w/ Victoria	⁴ 11am Aqua Blast w/ Victoria 6:30pm Aqua w/ Debbie	⁵ 9am Aqua Fit w/ Stephanie 11am Aqua Blast w/ Victoria 12pm Muscle Max Light & 1pm Aqua Blast w/ Victoria	⁶ 9am Aqua Fit w/ Stephanie 11am Aqua Step w/ Victoria 6:30pm Aqua w/ Debbie	⁷ 9:15am Balance and Strength Fusion w/ Pattie 11am H2O Interval w/ Vanessa	⁸ 9am All Out Cardio Core w/ Pattie
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